



ADVENTURES FOR ACTIVE TRAVELLERS

Have you cycled the Otago Rail Trail or one of the new cycle trails?

Have you experienced one of New Zealand's great walks?

Have you considered biking or walking overseas?

If you have, you will know that biking and walking are great ways to get off the beaten track and explore. Neither boot camp nor 'tour de France' experiences, our biking and walking tours are becoming more and more popular as they offer a different way to experience a destination.

WHY TAKE A TOUR?

- It's fun to walk and bike as part of a small group.
- You have your luggage carried and delivered to the next stop.
- You will be dropped off and picked up and don't have to retrace your steps.
- You have comfortable accommodation booked for you each day.
- You can enjoy sampling the local food and wine having had a day's exercise to build up an appetite.
- You have the satisfaction of setting a goal and completing it and getting fitter prior to a tour is also rewarding.
- The local knowledge of our tour guides ensures you see the most interesting sites/sights along the way.

There are six walking or biking tours to choose from this year.



Walking in Japan in May and October. Both tours are nearly full – we have space for a man looking to share on the October tour.

Walking in Southern France in May/June. This is a gently paced tour, you will stay in three picturesque villages and explore the surrounding areas.

Laid back biking in Fiji in June. Nine days on Vanua Levu and Tavenui; 20-60kms biking per day along quiet roads. Ride, swim, snorkel and experience local culture. See a different side of Fiji.

Walking in Iceland in August. Currently a 'hot' destination, voted one of Lonely Planet's top destinations for 2016. No more than 2-4 hours walking each day with an amazing array of geological and natural wonders, history and culture.

Bike and Barge Venice and Provence in September. The combination of staying on a barge and seeing countryside by bike appears to be a winning one. Combine two of the most beautiful areas in Italy and France. Easy rides with time to stop for gelato and espresso!



On your bike in Cuba in November. Don't miss Cuba this year. Everyone predicts that it will change dramatically with an influx of American tourists. A good level of fitness will be required but there is plenty of time to prepare!

Early bird specials still available on many of these tours. Phone for more information.



Contact us for itinerary and details

Forward this newsletter to family and friends for them to receive our travel inspirations straight to their mailbox.

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